Day One	
0800 – 0830	Faculty meeting
0815 – 0830	**Registration and refreshments**
0830 – 0840	**Introduction** Statement of course objectives, assessment overview
0840 – 0900	**Gowning and Gloving** Double gloving and gown/glove removal
0900 – 0930	**Handling Instruments** Scissors, haemostats, forceps and scalpel
0930 – 1030	**Knots** One-handed reef knot and surgeon's knot
1030 – 1045	**Refreshments**
1045 – 1145	**Knots (continued)** Instrument tie and tying at depth
1145 – 1300	**Suturing Techniques** Needles and incisions Interrupted sutures, mattress sutures, subcuticular sutures
1300 – 1340	**Lunch ***
1340 – 1430	**Skin Lesions and Local Anaesthetic Techniques** Techniques for tissue dissection Application of local anaesthetic Excising a skin lesion and sebaceous cyst
1430 – 1510	**Ligation/Transfixion** Pedicle transfixion, continuity tie, pedicle tie
1510 - 1610	**Tissue Handling 1** Bowel: end-to-end interrupted (hand tied knots, no assistance)
1610 – 1625	**Refreshments**
1625 – 1715	**Tissue Handling 2** Debriding a traumatic wound
1715 – 1725	**Tissue Handling 3** Abscess drainage (no assistance)
1725 – 1745	**Discussion and feedback ***
1745	**Finish**

Day Two	
0830 – 0900	**Reprise of knot tying** Common faults
0900 – 1030	**Tissue Handling 4** Abdominal closure (assisted) Aberdeen knot Drain insertion Continuous sutures The art of assisting
1030 – 1045	**Refreshments**
1045 – 1245	**Tissue Handling 5** Vascular surgery principles Vein patch exercise (assisted)
1245 – 1330	**Lunch ***
1330 – 1415	**Tissue Handling 6** Tendon repair
1415 – 1445	**Skin Suture OSAT**
1445 – 1500	**Refreshments *** ***Ensure you have completed the entire assessment and feedback form including a development plan***
1500 – 1515	**Introduction to Generic Endoscopic Surgery** Principles of camera technique Depth cueing Fulcrum effect
1515 – 1715	**Box Trainers** Exercises: • placing peas in a pot • stacking sugar cubes • cutting a glove • putting Polos on a string • tying knots on a skin pad
1715 – 1730	**Discussion and feedback**
1730	**Finish**

* Assessment and feedback sheets should be completed with individual participants